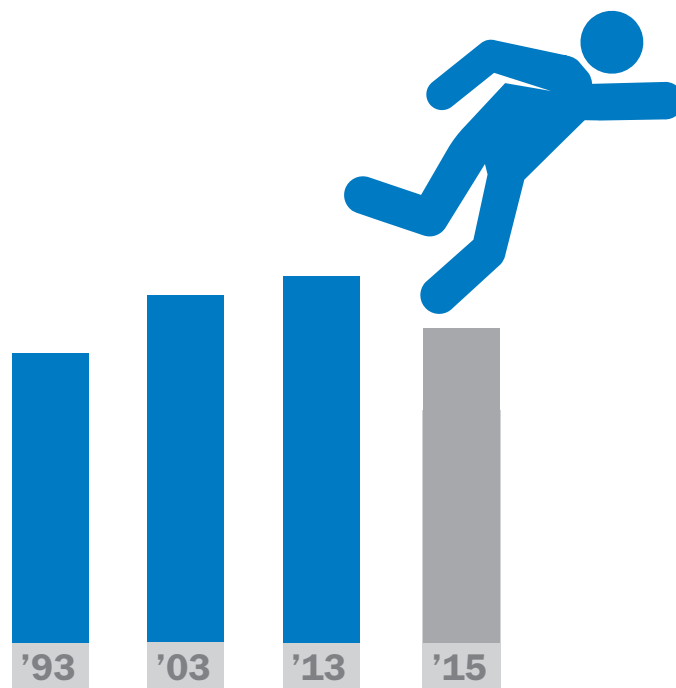


# Building community ties to strengthen public health

For the first time since 1993, **U.S. life expectancy has declined**, while **other countries are still improving**. It's up to all of us to start moving in the right direction.



Our health is affected by more than just health care.  
As we **move toward prevention**, we can achieve **health for all**.

Health care for all



Social justice



Environment & climate



Choices & behaviors



Healthy communities



Food & nutrition



Economic mobility



Education



**Prevention** is everyone's job. It takes the **entire community** to address the **social, environmental** and **behavioral factors** that **impact our health**. Here's how **we can work together**.



### **EDUCATION SYSTEM**

- Promote school-based health centers
- Support free and reduced-price meal programs



### **COMMUNITY PLANNING**

- Create safe, walkable, rollable, drivable, accessible communities
- Promote safe, affordable mixed-use housing with access to transportation and services



### **FAITH-BASED ORGANIZATIONS**

- Educate and offer opportunities for healthy choices and behaviors within congregations
- Provide disaster relief, cooling stations and alternative emergency shelter services



### **BUSINESS COMMUNITY**

- Promote a living wage
- Support universal paid family leave and sick days



### **JUSTICE SYSTEM**

- Encourage mental health sensitivity and support community policing strategies
- Offer violence prevention efforts and common-sense gun safety regulations

It's time to get involved



There are so many new potential partners with a stake in the fight to **create the healthiest nation.**

Visit [apha.org/HealthiestNation](https://www.apha.org/HealthiestNation) to join the movement.