



SCAVENGER HUNT CATEGORIES

FOR MORE INFORMATION, PLEASE VISIT
[NPHW.ORG/EVENTS/NPHW-INSTAGRAM-SCAVENGER-HUNT](https://www.nphw.org/events/nphw-instagram-scamenger-hunt)

- Stress ball
- Favorite exercise
- Best place to unwind
- Something that keeps you safe at home
- Healthy recipe
- Public health partnerships
- Re-gram a post from your favorite public health organization
- Something that positively impacts your mental health (book, candle, Netflix, etc.)
- Your favorite face mask
- Your “why” for advancing public health (inspiration, elderly family members, etc.)
- Healthcare/essential/frontline worker in your life
- Your favorite way to learn more about a public health issue (books, documentaries, webinars, etc.)
- Affordable housing resources
- Organizations and movements led by people of color
- Public service announcements (anti-smoking campaigns, impaired driving prevention, etc.)
- Healthy community design like bike lanes, curb cuts, sidewalks, and parks
- Water treatment plant
- Electric automobile
- Recycling bins/center
- Early childhood education
- Pets
- How you advocate for public health or causes important to you
- Intergenerational connections
- Public health schools and universities
- Share information on mental health services/organizations
- A way to reduce your carbon footprint
- An image that highlights the importance of clean water
- Something that got you interested in public health
- Re-gram something someone posted that promotes public health